



# Teen Boys Group

Groups Currently Forming

## Starting January 2020

Dates and times will be influenced by participants' schedules.

**Eight weekly 90-minute sessions limited to eight participants**

\$50 / session

Call/Text Andrew to discuss:  
314-600-6606

Find out more about Andrew and the work he does at  
**STLouisFamilyCounseling.com**



Andrew Frager, PLPC, NCC

Study after study shows that teenagers engaged in supportive structured peer groups:

- Feel less alone and more understood.
- Begin to express emotions in healthy ways
- Develop better communication skills.
- Discover their own value and place in the world
- Become more aware of others, more giving, and less self-involved.

*"Andrew really helped me out in a difficult time that I thought I would need to go through alone."*

*I never realized how much I needed help until I reached out and got it. Andrew helped me put the meaning back into my life."*

*(15 year old, male)*

*"My son has been given the unique opportunity to delve into his own needs and offer up clarity as he works through his doubts and fears to find direction through Andrew's selfless guidance and expertise."*

*My gratitude for Andrew is immeasurable as solid steps of assurance and peace of mind have made way into our son's life."*

*(Mother of 17 year old, male)*